

Health Promoting Schools

Schools are essential for young people to acquire **knowledge, socio-emotional skills** including self-regulation and **resilience**, and **critical thinking skills** that provide the **foundation for a healthy future**.

Access to **Education & Safe and Supportive School Environments** have been linked to Better Health Outcomes.

In turn, **good health** is linked to reduced drop-out rates and greater

- educational attainment,
- educational performance,
- employment and
- productivity.

Schools have thereby a central role to play in safeguarding student health and well being.

Many Health Conditions can be better managed or prevented if detected early.

The School Environment and School Health Services provide an opportunity for time interventions across a range of conditions, including

- **anxiety & depression;**
- **behavioural disorders;**
- **diabetes;**
- **overweight;**
- **obesity and**
- **undernutrition.**

School Health Services are uniquely placed to contribute to the health and well-being of School-Age Children.

1. They Operate where most Children are, and they have access to Families.
2. They are free at the point of Use and Overcome barriers such as Transport Issues, Limited Community Services, and inconvenient location or appointment systems and therefore have the potential to better serve underprivileged populations.
3. They can have a positive effect on multiple determinants of health and are highly valued by Students, Parents and Communities.

The Septet of Health Areas recognized by WHO School Health Services

1. Positive Health & Development
2. **Unintentional Injury**
3. Violence
4. **Sexual and Reproductive Health, including HIV**
5. Communicable Disease

6. Non-Communicable Disease, Sensory Functions, Physical Disability, Oral Health, Nutrition and Physical Activity

7. Mental Health, Substance Use and Self-Harm

*** Indicates required question**

1. Name of the Applicant **Health Promoting School ***

2. Official Website of the **Health Promoting School ***

3. Name of the Concerned Person at the **Health Promoting School ***

The one responsible for the submission of this form

4. Designation of the Concerned Person at the **Health Promoting School ***

The one responsible for the submission of this form

5. Mobile Number of the Concerned Person at the **Health Promoting School ***

The one responsible for the submission of this form

6. Email ID of the Concerned Person at the **Health Promoting School ***

The one responsible for the submission of this form

7. Payment Reference for the Application to the **Health Promoting School** Certification *

ReTHINK INDIA INSTITUTE carries out its various programmes & initiatives in the spirit of Aatmnirbharta, without having to rely on sponsored agendas. It thereby seeks financial contributions from its very community members who are keen to participate in one or the other activities towards furthering their very envelope of excellence.

Certification Application Contribution

A Nominal Application fee of ₹ **8787** or more (mapped to the 87 Health Promoting Interventions of the WHO School Healthcare Services Guideline) is being sought towards the administrative expenses of this initiative.

All payments may be remitted by NEFT/IMPS/Cheque Deposition to the following Bank Account.

Bank Details for NEFT/IMPS/Cheque Deposition

A/C Name : Aarogyam Aayush Healthcare Foundation

A/C NO. 0133887000000092

IFSC CODE : YESB0000133

YES BANK

BRANCH: KASNA, GREATER NOIDA, UP

For any Query to this effect, do contact

Dr. Surbhi at 9910050597

Stake your claim to be Certified as a **Health Promoting School**

Entail upon in greater detail with adequate evidence as to what all your School is doing to ensure the State of Aarogyata (Freedom from Disease) amidst its Pupils, their Parents, Faculty & Staff...

A health promoting school
is one that constantly
strengthens its capacity as
a healthy setting for living,
learning and working.



जीवेम शरदः शतम । पश्येम शरदः शतम
बुधयेम शरदः शतम । रोहेम शरदः शतम
पुष्येम शरदः शतम । भवेम शरदः शतम
भुयेम शरदः शतम । भूयसी शरदः शतात



A medical doctor from the
Calcutta Medical College way
back in 1916. Dr. Hedgewar's
philosophy had always been for
a rational, reasoned, and
scientific discourse

IMPREGNATING THE LIFESKILL OF **HEALTHCARE** IN EDUCATIONAL ECOSYSTEMS

"Accept only that which stands to your reason. Never
accept anything merely because it is preached by some
great leader. Test its truth on the touchstone of your
intellectual discrimination."



International
Yoga Day

SATURDAY,
21ST JUNE 2025

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8. Give a Brief Overview of the **Healthcare Services Ecosystem** Prevalent at your **Health Promoting School** *

Do provide weblinks of the Photos/Videos of the Designated Healthcare Facility at your Health Promoting School

9. Present the Details of the **Medical Staff** associated (Name, Designation, Qualification, * Contact Details) catering to the **Healthcare Services Ecosystem** at your **Health Promoting School**

10. Rate the Importance of the **HEALTH AREAS** prevalent at your **Health Promoting School...**

*

Mark only one oval per row.

	High	Medium	Low	Not Applicable
Positive Health & Development	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Unintentional Injury	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Violence	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sexual and Reproductive Health, including HIV	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Communicable Disease	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Non- Communicable Disease, Sensory Functions, Physical Disability, Oral Health, Nutrition and Physical Activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mental Health, Substance Use and Self- Harm	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

1. Health PROMOTION

WHO Guidelines on School Health Services envisage for the following set of **12 Interventions** under HEALTH PROMOTION...

Nominating Schools can refer to this long list and respond to the ASKs below accordingly...

1. **I-01** Promotion of Timely Care-Seeking from an Appropriate Provider
2. **I-02** Promotion of Health Literacy
3. **I-03** Promotion of Personal Hygiene and Handwashing with Soap
4. **I-04** Promotion of Oral Health Care
5. **I-05** Promotion of Reduced Consumption of Sugar and Sugar-Sweetened Beverages
6. **I-06** Promotion of Increased Physical Activity and Limited Sedentary Behaviour
7. **I-07** Promotion of Appropriate Use of Electronic Devices e.g. Television, Internet, Games
8. **I-08** Promotion of Adequate Sleep
9. **I-09** Promotion of Menstrual Hygiene Management
10. **I-10** Promotion of Responsible Parenting Skills for all Students
11. **I-11** Promotion of Appropriate Sun Exposure for the Context (e.g. Prevention of Sunburn or overheating; promotion of appropriate exposure for Vitamin D)
12. **I-12** Provision and Promotion of Insecticide-Treated Bed Nets

Do Try to cover your Institutional Intervention under each of the following School Health Areas recognized by WHO as much as possible...

1. Positive Health & Development
2. Unintentional Injury
3. Violence
4. Sexual and Reproductive Health, including HIV
5. Communicable Disease
6. Non-Communicable Disease, Sensory Functions, Physical Disability, Oral Health, Nutrition and Physical Activity
7. Mental Health, Substance Use and Self-Harm

A health promoting school is one that constantly strengthens its capacity as a healthy setting for living, learning and working.

FUTURE HEALTHCARE AWARDS 2025

rethink india
DR. KESHAV BALLIRAM WEDGEWAR
HEALTH PROMOTING SCHOOLS
IMPRGNATING THE LIFESKILL OF HEALTHCARE IN EDUCATIONAL ECOSYSTEMS

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International Yoga Day
SATURDAY, 21ST JUNE 2025
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HEALTH PROMOTING SCHOOLS

Schools are essential for young people to acquire knowledge, socio-emotional skills including self-regulation and resilience, and critical thinking skills that provide the foundation for a healthy future.

Access to Education + Safe and Supportive School Environments have been linked to Better Health Outcomes.

In turn, good health is linked to reduced drop-out rates and greater educational attainment, educational performance, employment and productivity. Schools have thereby a central role to play in safeguarding student health and well-being.

Many Health Conditions can be better managed or prevented if detected early.

12 INTERVENTIONS UNDER HEALTH PROMOTION...

- I-01 Promotion of Timely Care-Seeking from an Appropriate Provider
- I-02 Promotion of Health Literacy
- I-03 Promotion of Personal Hygiene and Handwashing with Soap
- I-04 Promotion of Oral Health Care
- I-05 Promotion of Reduced Consumption of Sugar and Sugar-Sweetened Beverages
- I-06 Promotion of Increased Physical Activity and Limited Sedentary Behaviour
- I-07 Promotion of Appropriate Use of Electronic Devices e.g. Television, Internet, Games
- I-08 Promotion of Adequate Sleep
- I-09 Promotion of Menstrual Hygiene Management
- I-10 Promotion of Responsible Parenting Skills for all Students
- I-11 Promotion of Appropriate Sun Exposure for the Context (e.g. Prevention of Sunburn or overheating; promotion of appropriate exposure for Vitamin D)
- I-12 Provision and Promotion of Insecticide-Treated Bed Nets

11. Rate the Prevalence of Each of the 12 Interventions on Count of Health Promotion at your Health Promoting School

Mark only one oval per row.

	High	Medium	Low	Not Applicable
I-01 Promotion of Timely Care- Seeking from an Appropriate Provider	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-02 Promotion of Health Literacy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-03 Promotion of Personal Hygiene and Handwashing with Soap	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-04 Promotion of Oral Health Care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-05 Promotion of Reduced Consumption of Sugar and Sugar- Sweetened Beverages	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-06 Promotion of Increased Physical	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Activity and
Limited
Sedentary
Behaviour

I-07

Promotion of
Appropriate
Use of
Electronic
Devices e.g.
Television,
Internet,
Games

☐☐☐☐

I-08

Promotion of
Adequate
Sleep

☐☐☐☐

I-09

Promotion of
Menstrual
Hygiene
Management

☐☐☐☐

I-10

Promotion of
Responsible
Parenting
Skills for all
Students

☐☐☐☐

I-11

Promotion of
Appropriate
Sun
Exposure for
the Context
(e.g.
Prevention of
Sunburn or
overheating;
promotion of
appropriate
exposure for
Vitamin D)

☐☐☐☐

I-12 Provision
I-12 Provision
and
Promotion of
Promotion of
Insecticide-
Insecticide-
Treated Bed
Nets
Nets



12. **HPS #1.**
Health Promotion Interventions
at your **Health Promoting School..**

*

Take cue from the aforesaid suggested interventions by WHO SHS Guidelines...as much as possible

Following are the **OPTIONAL Fields** for **Higher Level of Submission** which shall entitle the submitting School for Aarogya Ratna, Vibhushan, Bhushan and Shri titles.

Many of these Interventions (set out in an International Globalised Context) might not be applicable at all in the Cultural Context of your Health Promoting School. Just SKIP them and don't get alarmed or scandalised on their count.

Provide WebLinks of PhotoGraphs, Videos and NewsPaper Clippings, where ever possible to substantiate the claims made

13. **HPS #1 I-01**
Promotion of Timely Care-Seeking from an
Appropriate Provider

14. **HPS #1 I-02**

Promotion of Health Literacy

15. **HPS #1 I-03**

Promotion of Personal Hygiene and Handwashing with Soap

16. **HPS #1 I-04**

Promotion of Oral Health Care

17. **HPS #1 I-05**

Promotion of Reduced Consumption of
Sugar and Sugar-Sweetened Beverages

18. **HPS #1 I-06**

**Promotion of Increased Physical Activity and
Limited Sedentary Behaviour**

19. **HPS #1 I-07**

Promotion of Appropriate Use of Electronic Devices e.g. Television, Internet, Games

20. **HPS #1 I-08**

Promotion of Adequate Sleep

21. **HPS #1 I-09**

Promotion of Menstrual Hygiene Management

22. **HPS #1 I-10**
Promotion of Responsible Parenting Skills for all Students

23. **HPS #1 I-11**
Promotion of Appropriate Sun Exposure for the Context
(e.g. Prevention of Sunburn or overheating; promotion of appropriate exposure for Vitamin D)

24. **HPS #1 I-12** **Provision and Promotion of Insecticide-Treated Bed Nets**

2 :: Health EDUCATION

WHO Guidelines on School Health Services envisage for the following set of **6 Interventions** under HEALTH EDUCATION...

Nominating Schools can refer to this long list and respond to the ASKs below accordingly...

1. **I-13** Provision of Health Education about Nutrition
2. **I-14** Provision of Health Education about Physical Activity
3. **I-15** Provision of Sexual and Reproductive Health Education
4. **I-16** Support for a Health-Promoting Curriculum (e.g. Curriculum-based Sexuality Education; Curriculum on Nutrition and Physical Activity)
5. **I-48** Provision of Health Education to prevent Common Unintentional Injuries (e.g. How to prevent Unintentional Injuries in the home, while playing or engaged in Sports and on Roads)
6. **I-49** Provision of Health Education to prevent Violence, including intimate-partner violence, sexual violence, gender-based violence, bullying and gang violence (e.g. Universal Information Provided on Prevention of Violence & Abuse)

Do Try to cover your Institutional Intervention under each of the following School Health Areas recognized by WHO as much as possible...

1. Positive Health & Development
2. Unintentional Injury
3. Violence
4. Sexual and Reproductive Health, including HIV
5. Communicable Disease
6. Non-Communicable Disease, Sensory Functions, Physical Disability, Oral Health, Nutrition and Physical Activity
7. Mental Health, Substance Use and Self-Harm

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FUTURE HEALTHCARE AWARDS 2025

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DR. KESHAV BALLIRAM WEDGEWAR

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International Yoga Day

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HEALTH PROMOTING SCHOOLS

कोरोना वायरस: खतरा । चक्रीय वायरस: खतरा । कुलीन वायरस: खतरा । रोटेटिंग वायरस: खतरा । प्रुक्का वायरस: खतरा । मोडल वायरस: खतरा । भुवि वायरस: खतरा । भुवानी वायरस: खतरा ।

HEALTH PROMOTING SCHOOLS

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In turn, good health is linked to reduced drop-out rates and greater educational attainment, educational performance, employment and productivity. Schools have thereby a central role to play in safeguarding student health and well-being.

Many Health Conditions can be better managed or prevented if detected early.

6 INTERVENTIONS UNDER HEALTH EDUCATION...

1. I-13 Provision of Health Education about Nutrition
2. I-14 Provision of Health Education about Physical Activity
3. I-15 Provision of Sexual and Reproductive Health Education
4. I-16 Support for a Health-Promoting Curriculum (e.g. Curriculum-based Sexuality Education; Curriculum on Nutrition and Physical Activity)
5. I-4-8 Provision of Health Education to prevent Common Unintentional Injuries (e.g. How to prevent Unintentional Injuries in the home, while playing or engaged in Sports and on Roads)
6. I-4-9 Provision of Health Education to prevent Violence, including intimate-partner violence, sexual violence, gender-based violence, bullying and gang violence (e.g. Universal Information Provided on Prevention of Violence + Abuse)

25. Rate the Prevalence *
of Each of the 6 Interventions on Count of
Health Education
at your **Health Promoting School**

Mark only one oval per row.

	High	Medium	Low	Not Applicable
I-13 Provision of Health Education about Nutrition	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-14 Provision of Health Education about Physical Activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-15 Provision of Sexual and Reproductive Health Education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-16 Support for a Health- Promoting Curriculum (e.g. Curriculum- based Sexuality Education; Curriculum on Nutrition and Physical Activity)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-48 Provision of Health Education to	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Prevent
Common
Unintentional
Injuries (e.g.
How to
Prevent
Unintentional
Injuries in
the home,
while playing
or engaged
in sports and
on roads)

I-49
Provision of
Health
Education to
Prevent
Violence,
including
intimate-
partner
violence,
sexual
violence,
gender-
based
violence,
bullying and
gang
violence (e.g.
Universal
Information
Provided on
Prevention of
Violence &
Abuse)



26. **HPS #2.** *

HEALTH EDUCATION Initiatives

at your **Health Promoting School...**

Take cue from the aforesaid suggested interventions by WHO SHS Guidelines...as much as possible

Following are the **OPTIONAL Fields** for **Higher Level of Submission** which shall entitle the submitting School for Aarogya Ratna, Vibhushan, Bhushan and Shri titles.

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27. **HPS #2 I-13**

Provision of Health Education about Nutrition

28. **HPS #2 I-14**

Provision of Health Education about Physical Activity

29. **HPS #2 I-15**
Provision of Sexual and Reproductive Health Education

30. **HPS #2 I-16**
Support for a Health-Promoting Curriculum
(e.g. Curriculum-based Sexuality Education; Curriculum on Nutrition and Physical Activity)

31. **HPS #2 I-48**
Provision of Health Education to prevent Common Unintentional Injuries
(e.g. How to prevent Unintentional Injuries in the home, while playing or engaged in Sports and on Roads)

32. **HPS #2 I-49**

Provision of Health Education to prevent Violence,

including intimate-partner violence, sexual violence,
gender-based violence, bullying and gang violence

(e.g. Universal Information Provided on Prevention of Violence & Abuse)

3. Health SCREENING - leading to CARE and/or REFERRAL & SUPPORT as Appropriate

WHO Guidelines on School Health Services envisage for the following set of 9 Interventions under HEALTH SCREENING leading to CARE and/or REFERRAL & SUPPORT as appropriate...

Nominating Schools can refer to this long list and respond to the ASKs below accordingly...

1. **I-27** Assess and Ensure Compliance with School Entry Health Requirements (e.g. Medical History, Comprehensive Physical Examination and Immunization)
2. **I-28** Routine Preventive Health Check-Ups (e.g. at the beginning of Pre-School, Primary and Secondary School to assess Physical Growth, Motor Development, Social and Emotional Maturation and Feeding and Sleep Problems and to Offer Appropriate Care or Referrals), meeting WHO criteria for a screening programme
3. **I-31** Screening for EYE and Vision Problems
4. **I-32** Screening for EAR and HEARING Problems
5. **I-33** Screening for ORAL HEALTH PROBLEMS
6. **I-34** Screening for Nutrition Problems (e.g. Anaemia, Malnutrition, Obesity)
7. **I-35** Screening for Type II Diabetes
8. **I-36** Screening for Infectious Diseases (e.g. Tuberculosis, Neglected Tropical Diseases such as Chagas Disease; COVID-19)
9. **I-37** Screening for Mental Health Concerns (e.g. to Identify Students at Risk of Poor Mental Health Outcomes and/or who may need monitoring or referral)

Do Try to cover your Institutional Intervention under each of the following School Health Areas recognized by WHO as much as possible...

1. Positive Health & Development
2. Unintentional Injury
3. Violence
4. Sexual and Reproductive Health, including HIV
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6. Non-Communicable Disease, Sensory Functions, Physical Disability, Oral Health, Nutrition and Physical Activity
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Health Screening

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Rethinking The India Idea

International Yoga Day

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FUTURE HEALTHCARE AWARDS 2025

कोरोना वायरस, एड्स, कैंसर, धूम्रपान, मद्यपान, नशील पदार्थ, अश्लीलता, यौन संचारित रोग, एचआईवी, मूत्रपिंडी वायरस, एचएचवी

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9 INTERVENTIONS UNDER HEALTH SCREENING...

1. I-27 Assess and Ensure Compliance with School Entry Health Requirements (e.g. Medical History, Comprehensive Physical Examination and Immunization)
2. I-28 Routine Preventive Health Check-Ups (e.g. at the beginning of Pre-School, Primary and Secondary School to assess Physical Growth, Motor Development, Social and Emotional Maturation and Feeding and Sleep Problems and to Offer Appropriate Care or Referrals), meeting WHO criteria for a screening programme
3. I-31 Screening for EYE and Vision Problems
4. I-32 Screening for EAR and HEARING Problems
5. I-33 Screening for ORAL HEALTH PROBLEMS
6. I-34 Screening for Nutrition Problems (e.g. Anaemia, Malnutrition, Obesity)
7. I-35 Screening for Type II Diabetes
8. I-36 Screening for Infectious Diseases (e.g. Tuberculosis, Neglected Tropical Diseases such as Chagas Disease, COVID-19)
9. I-37 Screening for Mental Health Concerns (e.g. to Identify Students at Risk of Poor Mental Health Outcomes and/or who may need monitoring or referral).

33. Rate the Prevalence *
of Each of the 9 Interventions on Count of
Health Screening
at your **Health Promoting School**

Mark only one oval per row.

	High	Medium	Low	Not Applicable
I-27 Assess and Ensure Compliance with School Entry Health Requirements (e.g. Medical History, Comprehensive Physical Examination and Immunization)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-28 Routine Preventive Health Check- Ups (e.g. at the beginning of Pre-School, Primary and Secondary School to assess Physical Growth, Motor Development, Social and Emotional Maturation and Feeding and Sleep Problems and to Offer Appropriate Care or Referrals), meeting WHO	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

criteria for a
screening
programme

I-31 Screening
for EYE and
Vision
Problems

☐☐☐☐

I-32 Screening
for EAR and
HEARING
Problems

☐☐☐☐

I-33 Screening
for ORAL
HEALTH
PROBLEMS

☐☐☐☐

I-34 Screening
for Nutrition
Problems (e.g.
Anaemia,
Malnutrition,
Obesity)

☐☐☐☐

I-35 Screening
for Type II
Diabetes

☐☐☐☐

I-36 Screening
for Infectious
Diseases (e.g.
Tuberculosis,
Neglected
Tropical
Diseases such
as Chagas
Disease;
COVID-19)

☐☐☐☐

I-37 Screening
for Mental
Health
Concerns (e.g.
to identify
Students at
Risk of Poor

☐☐☐☐

Mental Health
Outcomes
and/or who
may need
monitoring or
referral)

34. **HPS #3.**

*

Scope & Expanse of
Health SCREENING Ecosystem...at your
Health Promoting School

Take cue from the aforesaid suggested interventions by WHO SHS Guidelines...as much as possible

Following are the **OPTIONAL Fields** for **Higher Level of Submission** which shall entitle the submitting School for Aarogya Ratna, Vibhushan, Bhushan and Shri titles.

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35. **HPS #3 I-27**

Assess and Ensure Compliance with
School Entry Health Requirements

(e.g.

- Medical History,
- Comprehensive Physical Examination and
- Immunization)

36. **HPS #3 I-28**

Routine Preventive Health Check-Ups

(e.g.at the beginning of Pre-School, Primary and Secondary School to assess Physical Growth, Motor Development, Social and Emotional Maturation and Feeding and Sleep Problems and to Offer Appropriate Care or Referrals), meeting WHO criteria for a screening programme

37. **HPS #3 I-31**

Screening for EYE and Vision Problems

38. **HPS #3 I-32**
Screening for EAR and HEARING Problems

39. **HPS #3 I-33**
Screening for ORAL HEALTH PROBLEMS

40. **HPS #3 I-34**
Screening for Nutrition Problems
(e.g. Anaemia, Malnutrition, Obesity)

41. **HPS #3 I-35**
Screening for Type II Diabetes

42. **HPS #3 I-36**

Screening for Infectious Diseases

(e.g. Tuberculosis, Neglected Tropical Diseases such as Chagas Disease; COVID-19)

43. **HPS #3 I-37**

Screening for Mental Health Concerns

(e.g. to Identify Students at Risk of Poor Mental Health Outcomes and/or who may need monitoring or referral)

4. Preventive Health Interventions - Such as Immunizations and Mass Drug Administration

WHO Guidelines on School Health Services envisage for the following set of 5 Interventions under PREVENTIVE INTERVENTIONS...

Nominating Schools can refer to this long list and respond to the ASKs below accordingly...

1. **I-38** Administration of Immunizations recommended for all Children (e.g. Diphtheria, Tetanus-Pertussis, Hepatitis B, Human Papillomavirus (females only), Measles, Rubella)
2. **I-39** Administration of Immunizations recommended for Children residing in a certain region (e.g. Japanese Encephalitis)
3. **I-40** Administration of Immunizations recommended for Children in some High Risk Populations (e.g. Cholera, Dengue, Hepatitis A, Meningococcal, Rabies, Typhoid)
4. **I-41** Mass Drug Administration (e.g. for soil-transmitted helminths, schistosomiasis, trachoma, malaria, lymphatic filariasis)
5. **I-42** Iron, Folic Acid and Other Micronutrient Supplementation

Do Try to cover your Institutional Intervention under each of the following School Health Areas recognized by WHO as much as possible...

1. Positive Health & Development
2. Unintentional Injury
3. Violence
4. Sexual and Reproductive Health, including HIV
5. Communicable Disease
6. Non-Communicable Disease, Sensory Functions, Physical Disability, Oral Health, Nutrition and Physical Activity
7. Mental Health, Substance Use and Self-Harm

A health promoting school is one that constantly strengthens its capacity as a healthy setting for living, learning and working.

rethink india
FUTURE HEALTHCARE AWARDS 2025

rethink india
DR. KESHAV BALLIRAM WEDGEWAR
HEALTH PROMOTING SCHOOLS
IMPREGNATING THE LIFESKILL OF HEALTHCARE IN EDUCATIONAL ECOSYSTEMS

A medical doctor from the Calcutta Medical College went back in 1916. Dr. Wedgewar's philosophy had always been for a rational, reasoned and scientific discourse.

'Accept only that which stands to your reason. Never accept anything merely because it is preached by some great leader. Test its truth on the touchstone of your intellectual discrimination.'

rethink india
Rethinking The India Idea

International Yoga Day

SATURDAY, 21ST JUNE 2025

Aarogyaam
FUTURE HEALTHCARE AWARDS 2025

सोरोध शरदः वरुणः । चरुधेय शरदः वरुणः । कुशेय शरदः वरुणः । शरुधेय शरदः वरुणः । सुशेय शरदः वरुणः । मुरुधेय शरदः वरुणः । मुरुधेय शरदः वरुणः । मुरुधेय शरदः वरुणः ।

HEALTH PROMOTING SCHOOLS

Schools are essential for young people to acquire knowledge, socio-emotional skills including self-regulation and resilience, and critical thinking skills that provide the foundation for a healthy future.

Access to Education + Safe and Supportive School Environments have been linked to Better Health Outcomes.

In turn, good health is linked to reduced drop-out rates and greater educational attainment, educational performance, employment and productivity. Schools have thereby a central role to play in safeguarding student health and well-being.

Many Health Conditions can be better managed or prevented if detected early.

5 INTERVENTIONS UNDER PREVENTIVE HEALTH

1. I-38 Administration of Immunizations recommended for all Children (e.g. Diphtheria, Tetanus-Pertussis, Hepatitis B, Human Papillomavirus (females only), Measles, Rubella)
2. I-39 Administration of Immunizations recommended for Children residing in a certain region (e.g. Japanese Encephalitis)
3. I-40 Administration of Immunizations recommended for Children in some High Risk Populations (e.g. Cholera, Dengue, Hepatitis A, Meningococcal, Rabies, Typhoid)
4. I-41 Mass Drug Administration (e.g. for soil-transmitted helminths, schistosomiasis, trachoma, malaria, lymphatic filariasis)
5. I-42 Iron, Folic Acid and Other Micronutrient Supplementation

44. Rate the Prevalence *
of Each of the 5 Interventions on Count of
Preventive Health
at your **Health Promoting School**

Mark only one oval per row.

	High	Medium	Low	Not Applicable
I-38 Administration of Immunizations recommended for all Children (e.g. Diphtheria, Tetanus- Pertussis, Hepatitis B, Human Papillomavirus (females only), Measles, Rubella)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-39 Administration of Immunizations recommended for Children residing in a certain region (e.g. Japanese Encephalitis)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-40 Administration of Immunizations recommended for Children in some High Risk Populations (e.g. Cholera, Dengue, Hepatitis A, Meningococcal,	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

46. **HPS #4 I-38**

Administration of

Immunizations recommended for all Children

(e.g.

- Diphtheria,
- Tetanus-Pertussis,
- Hepatitis B,
- Human Papillomavirus (females only),
- Measles,
- Rubella)

47. **HPS #4 I-39**

Administration of Immunizations recommended for

Children residing in a certain region

(e.g. Japanese Encephalitis)

48. **HPS #4 I-40**

Administration of **Immunizations**
recommended for Children in some
High Risk Populations

(e.g.

- Cholera,
- Dengue,
- Hepatitis A,
- Meningococcal,
- Rabies,
- Typhoid)

49. **HPS #4 I-41**

Mass Drug Administration

(e.g. for soil-transmitted helminths, schistosomiasis, trachoma, malaria, lymphatic filariasis)

50. **HPS #4 I-42**

Iron, Folic Acid and Other Micronutrient Supplementation

5. Clinical Assessments - Leading to Care and/or Referral and Support as Appropriate

WHO Guidelines on School Health Services envisage for the following set of 42 Interventions under

CLINICAL ASSESSMENTS leading to CARE and/or Referral and Support as Appropriate...

Nominating Schools can refer to this long list and respond to the ASKs below accordingly...

1. **I-29** Conduct HEADSSS or equivalent Assessments, i.e. Assessments of Adolescent Risk Behaviors related to Home, Education/Employment, Eating, Activity, Drugs, Sexuality, Safety and Suicidal Thinking/Depression (to detect adolescent Health & Development Problems; if their behavior puts them at risk of negative health outcomes; and important factors in their environment that increase the likelihood of these behaviors)
2. **I-30** Identification of Development Difficulties & Disabilities
3. **I-43** PsychoSocial Intervention to promote well-being and functioning (e.g. encouraging and/or assisting a child to: eat regularly; be physically active; participate in social activities; spend time with trusted friends and family; avoid the use of alcohol, drugs and nicotine; and develop interpersonal skills, emotional regulation and problem solving and stress management skills)
4. **I-44** Counselling and Care related to a Child's Physical & Psychological Development (e.g. Puberty, Skin Changes, Body Image, Hygiene, Child Marriage)
5. **I-45** Counselling and Support for a Child's Caregiver related to the Child's Physical and PsychoSocial Development (e.g. Nutrition, Physical Activity, Puberty, Positive Development in Adolescence, Sexual and Reproductive Health)
6. **I-46** Counselling on Nutrition, Physical Activity and a Management Plan, if Needed.
7. **I-47** Counselling of Tobacco, Alcohol and Other Substance Use
8. **I-50** Counselling to Prevent Violence, including Intimate-Partner Violence, Sexual Violence, Gender-Based Violence, Bullying and Gang Violence (e.g. Selected Therapeutic Approaches for High-Risk Youth)
9. **I-51** Contraceptive Counselling (e.g. Brief Sexuality-Related Communication; Counselling on Contraception to enable a voluntary informed choice; referral or provision of Contraception if requested post-counselling and legal)
10. **I-52** Counselling on HIV/Sexually Transmitted Infection Prevention Methods (e.g. Brief Sexuality related Communication; Counselling on correct condom use to enable a voluntary informed choice; referral or provision of condoms if requested post-counselling and legal)
11. **I-53** Referral and Support for Voluntary Medical Male Circumcision
12. **I-54** Referral and Support for HIV pre-exposure and/or Post-Exposure Prophylaxis
13. **I-55** Referral and Support for HIV Testing Services
14. **I-56** Provision of First Aid, i.e. Identification and Prioritization of Problems, Provision of Immediate Care and Referral for Full Medical Treatment, if required (e.g. Acute Conditions such as Asthma, Diabetes, Seizures; Bleeding or Injury; Mental Health Concerns, including Self-Harm; Life-Threatening Allergy; Poisoning and Envenoming; Substance Abuse)
15. **I-57** Administration of Over-the-Counter and Prescribed Medications by a School-Health-Care Provider
16. **I-58** Referral and Support for Pain Control and Management e.g. Headache
17. **I-59** Referral and Support for Management of Non-Specific Symptoms (e.g. Diarrhoea, Fever)

18. **I-61** Referral and Support for Management of Common Infections (e.g. Ear, Eye, Oral/Dental, Skin, Throat, Urinary Tract)
19. **I-62** Referral and Support for Management of Less Common Infectious Diseases (e.g. Bone Infections, Cholera, Dengue, Dysentery, Helminths, Joint Infections, Malaria, Meningitis, Other Neglected Tropical Diseases, Pertussis, Pneumonia, Rheumatic Fever, Septicaemia, Typhoid Fever, Tuberculosis, Viral Encephalitis)
20. **I-64** Referral and Support for Chronic Care of HIV-Infected Children
21. **I-65** Referral and Support for Management of Anaemia (e.g. Iron Supplementation)
22. **I-66** Referral and Support for Overweight & Obesity
23. **I-67** Referral and Support for Management of Asthma
24. **I-68** Referral and Support for Chronic Conditions (e.g. Developmental Disabilities/Delay, Diabetes, Heart Disease, Seizures, Sickle Cell Disease)
25. **I-69** Referral and Support for Rehabilitation, Habilitation, Assistive Technology, Assistance and Support Services for injured or Disabled Individuals (e.g. those who are visually or hearing impaired or have eye/ear problems, who have physical disabilities or motor disorders, who have experienced female genital mutilation (FGM) or who have sports injuries)
26. **I-70** Referral and Support for Management of Common Childhood Injuries (e.g. Head, Chest and Abdominal Injuries; Fractures; Wounds)
27. **I-71** Referral and Support for Management of Burns
28. **I-72** Referral and Support for Management of Non-Fatal Drowning and Related Complications (e.g. Respiratory Impairment; long-term Disability)
29. **I-73** Referral and Support for Victims of Violence (e.g. Child Abuse and Neglect by Parents or Other Care-Givers; Collective Violence; Gender-Based or Sexual Violence; Harmful Cultural Practices, such as FGM, Child Marriage and Forced Marriage; Violence among Adolescents; and violence by intimate partners)
30. **I-74** Referral and Support for Management of Pregnancy, including the Option for Pregnant or Parenting Adolescents to continue or return to School
31. **I-75** Referral and Support for Management of Sexually Transmitted Infection
32. **I-76** Provide short-term counselling or crisis intervention focussed on mental health or situational concerns (e.g. grief, difficult transitions)
33. **I-78** Referral and Support for Management of Common Behavioural Disorders in Children (e.g. Attention-Deficit Hyperactivity Disorder)
34. **I-79** Referral and Support for Management of Emotional, Anxiety and Depressive Disorders
35. **I-80** Referral and Support for Management of Eating Disorders (e.g. Anorexia, Bulimia)
36. **I-81** Referral and Support for Management of Stress
37. **I-82** Referral and Support for Management of Self-Harm and/or Suicide Risk
38. **I-83** Referral and Support for Management of Somatic Form Disorders (e.g. physical symptoms that suggest illness or injury, but which cannot be explained fully by a general medical condition or by the direct effect of a substance) and other psychosomatic conditions)
39. **I-84** Referral and Support for Management of Psychotic Disorders
40. **I-85** Referral and Support for Management of Harmful Use of a Substance (e.g. Alcohol, Illicit Drugs)
41. **I-86** Referral and Support for Management of Dependence on a Substance (e.g. Alcohol, Illicit Drugs)
42. **I-87** Referral and Support for Management of Substance Withdrawal

1. Positive Health & Development
2. Unintentional Injury
3. Violence
4. Sexual and Reproductive Health, including HIV
5. Communicable Disease
6. Non-Communicable Disease, Sensory Functions, Physical Disability, Oral Health, Nutrition and Physical Activity
7. Mental Health, Substance Use and Self-Harm

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A medical doctor from the Calcutta Medical College went back in 1916, Dr. Hedgewar's philosophy had always been for a critical, reasoned and scientific discourse

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DR. KESHAV BALLARAM HEDGEWAR

HEALTH PROMOTING SCHOOLS

IMAGINATING THE LIFESKILL OF HEALTHCARE IN EDUCATIONAL ECOSYSTEMS

"Accept only that which stands to your reason. Never accept anything merely because it is preached by some great leader. Test its truth on the touchstone of your intellectual discrimination."

सोरोन भाटः, बरभनः, चण्डेन भाटः, बरभनः
कुडन भाटः, बरभनः, रैडन भाटः, बरभनः
पुडन भाटः, बरभनः, सोडन भाटः, बरभनः
भुडन भाटः, बरभनः, मुडन भाटः, बरभनः





re:think institutes
Thinking To Get Better

International
Yoga Day

SATURDAY,
21ST JUNE 2025



Aarogyam
Institute of Yoga and
MEDICAL SCIENCES

Schools are essential for young people to acquire knowledge, socio-emotional skills including self-regulation and resilience, and critical thinking skills that provide the foundation for a healthy future.

Access to Education + Safe and Supportive School Environments have been linked to Better Health Outcomes.

In turn, good health is linked to reduced drop-out rates and greater educational attainment, educational performance, employment and productivity. Schools have thereby a central role to play in safeguarding student health and well being.

Many Health Conditions can be better managed or prevented if detected early.

4.2 INTERVENTIONS UNDER CLINICAL ASSESSMENTS

- [illegible]

51. Rate the Prevalence *
of Each of the 42 Interventions on Count of
Clinical Assessments
at your **Health Promoting School**

Mark only one oval per row.

	High	Medium	Low	Not Applicable
I-29 Conduct HEADSSS or equivalent Assessments, i.e. Assessments of Adolescent Risk Behaviors related to Home, Education/Employment, Eating, Activity, Drugs, Sexuality, Safety and Suicidal Thinking/Depression (to detect adolescent Health & Development Problems; if their behavior puts them at risk of negative health outcomes; and important factors in their environment that increase the likelihood of these behaviors)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-30 Identification of Development Difficulties & Disabilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-43 PsychoSocial Intervention to promote well-being and functioning (e.g. encouraging and/or assisting a child to: eat regularly; be physically active; participate in social activities; spend time with trusted	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

friends and family;
avoid the use of
alcohol, drugs and
nicotine; and develop
interpersonal skills,
emotional regulation
and problem solving
and stress
management skills)

I-44 Counselling and
Care related to a
Child's Physical &
Psychological
Development (e.g.
Puberty, Skin Changes,
Body Image, Hygiene,
Child Marriage)

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

I-45 Counselling and
Support for a Child's
Caregiver related to
the Child's Physical and
Psychosocial
Development (e.g.
Nutrition, Physical
Activity, Puberty,
Positive Development
in Adolescence, Sexual
and Reproductive
Health)

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

I-46 Counselling on
Nutrition, Physical
Activity and a
Management Plan, if
Needed.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

I-47 Counselling of
Tobacco, Alcohol and
Other Substance Use

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

I-50 Counselling to
Prevent Violence,
including Intimate-
Partner Violence,
Sexual Violence,
Gender-Based Violence,

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
-----------------------	-----------------------	-----------------------	-----------------------

Behavioral and Social Science, Vol. 10, No. 1, 2010
Therapeutic, Selected
Atheroprotective for High-
Risk Youth

~~I-51 Contraceptive~~

Counseling (p. 6)
Sexuality-Related Brief
Sexuality-Related
Counseling on;

Contraband into
 Commonwealth
 informed voluntary
 referred provision of
 Perpetration provision of
 requested postif
 requesting post-legal)

☐ ☐ ☐ ☐

countdown and reply

I-52 Counselling on

HIV Sexually
Transmitted Infection
Prevention Methods
Prevalence
related
Communication;

Counseling to correct
conduct and use to enable
voluntary informed
choice referred informed
physician referrals if
requested post-hoc
requesting post-legal)

counseling and legal

~~I-53 Referral and~~

\$53,100 for Mandatory
 \$53,100 for Mandatory
 \$53,100 for Mandatory
 \$53,100 for Mandatory

☐ ☐ ☐ ☐

SUMMARY

I-54 Referral and

Support for HIV Pre-
Exposure Prophylaxis

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ, ΕΡΕΥΝΑΣ ΚΑΙ ΘΡΗΣΚΕΥΜΑΤΩΝ

I-55 Referral and

Support for HIV Testing Services

☐ ☐ ☐ ☐

<p>B56 Provision of First Aid, i.e. Identification</p> <p>b56 Provision of First Aid, i.e. Identification of Immediate and Problem to Provide Immediate Care and Referral to a Medical Facility for Further Medical Treatment if Required</p> <p>Diagnosis, e.g.:</p> <p>Bleeding, bruising, lacerations, cuts, abrasions, burns, scalds, bites, insect bites, allergic reactions, foreign bodies, etc.</p> <p>Referral to a Medical Facility for Further Medical Treatment if Required</p>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<p>A57 Administration of Over-the-Counter and Prescription Medications by a School Health Professional</p> <p>Over-the-Counter and Prescription Medications</p>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<p>B58 Referral and Support for Pain Management e.g. Headache</p> <p>Referral and Support for Pain Management e.g. Headache</p>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<p>M59 Referral and Support for Specific Symptoms (e.g. Fever)</p> <p>Referral and Support for Specific Symptoms (e.g. Fever)</p>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<p>B61 Referral and Support for Management of Common Infections (e.g. Upper Respiratory Tract, Oral/Dental, Skin, etc.)</p> <p>Referral and Support for Management of Common Infections (e.g. Upper Respiratory Tract, Oral/Dental, Skin, etc.)</p>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Common Infectious Diseases (e.g. Bone Infections, Cholera, Dengue, Dysentery, Helminths, Joint Diseases (e.g. Bone Infections, Malaria, Meningitis, Other Neglected Tropical Diseases, Pertussis, Pneumonia, Rheumatic Fever, Septicaemia, Typhoid Fever, Tuberculosis, Viral Encephalitis)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-62 Referral and Support for Chronic Care of HIV-Infected Children				
I-64 Referral and Support for Chronic Care of HIV-Infected Children	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-65 Referral and Support for Management of Anaemia (e.g. Iron Supplementation)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-66 Referral and Support for Overweight & Obesity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-67 Referral and Support for Overweight & Obesity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-68 Referral and Support for Chronic Asthma	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-69 Referral and Support for Chronic Conditions (e.g. Diabetes, Heart Disease, Seizures, Developmental Disabilities, Sickle Cell Disease)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-69 Referral and Support for Rehabilitation, Habilitation, Assistive				

<p>Technology, Assistance and Support for Rehabilitation, Support Services for injured or Disabled Individuals (e.g. those who are visually or hearing impaired or have eye/ear problems, injured or disabled individuals (e.g. those who are visually or hearing impaired or have eye/ear problems, genital mutilation (FGM) or who have disabilities or motor disorders, who have sports injuries)</p>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<p>I-70 Referral and Support for Management of Common Childhood Injuries (e.g. Head, Chest and Abdominal Injuries; Fractures; Wounds)</p>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<p>I-71 Referral and Support for Management of Burns</p>				
<p>I-72 Referral and Support for Management of Non-Fatal Drowning and Related Complications (e.g. Respiratory Impairment; long-term Disability)</p>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<p>I-73 Referral and Support for Victims of Abuse and Neglect by Parents or Other Care-Givers; Collective Violence; Gender-Based or Sexual Violence; Harmful Cultural Practices, such as FGM.</p>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Givers; Collective
Child Marriage and
Violence; Gender-Based
Forced Marriage;
or Sexual Violence;
Violence among
Harmful Cultural
Adolescents; and
Practices, such as FGM,
Violence by intimate
partners)
Child Marriage and
Forced Marriage:

Violence among
I-74 Referral and
Adolescents; and
Support for
Violence by intimate
partners)
Pregnancy, including

the Option for Pregnant
I-74 Referral and
or Parenting
Support for
Adolescents to
Management of
continue or return to
Pregnancy, including
School

the Option for Pregnant

☐
☐
☐
☐

or Parenting
I-75 Referral and
Adolescents to
Support for
continue or return to
Management of
School
Sexually Transmitted

Infection
I-75 Referral and

Support for
I-76 Provide short-term
Management of
counselling or crisis
Sexually Transmitted
intervention focussed
Infection
on mental health or

☐
☐
☐
☐

situational concerns
I-76 Provide short-term
(e.g. grief, difficult
counselling or crisis
transitions)
intervention focussed

on mental health or
I-78 Referral and
situational concerns
Support for
(e.g. grief, difficult
Management of
transitions)
Common Behavioural

☐
☐
☐
☐

Disorders in Children
I-78 Referral and
(e.g. Attention-Deficit
Support for
Hyperactivity Disorder)
Management of

Common Behavioural
I-79 Referral and
Disorders in Children
Support for
(e.g. Attention-Deficit
Management of
Hyperactivity Disorder)
Emotional, Anxiety and

☐
☐
☐
☐

Depressive Disorders
I-79 Referral and

☐
☐
☐
☐

Support for
I-80 Referral and
Management of
Support for
Management of Fatima

Emotional, Anxiety and Disorders (e.g. Depressive Disorders, Anorexia, Bulimia)				
I-80 Referral and Support for Management of Eating Disorders (e.g. Anorexia, Bulimia)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-81 Referral and Support for Management of Self-Harm and/or Suicide Risk	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-82 Referral and Support for Management of Self-Harm and/or Suicide Risk (e.g. physical symptoms that suggest illness or injury, but which cannot be explained fully by a general medical condition or by the direct effect of a substance) and other psychosomatic conditions)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-83 Referral and Support for Management of Psychotic Disorders	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-84 Referral and Support for Management of Harmful Use of a Substance (e.g. Alcohol, Illicit Drugs)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-85 Referral and Support for Management of Harmful Use of a Substance (e.g. Alcohol, Illicit Drugs)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I-87 Referral and

Support for

Management of

Substance Withdrawal

☐☐☐☐

Substance (Eg: Alcohol,
Illicit Drugs)

I-87 Referral and

Support for

Management of

Substance Withdrawal

☐☐☐☐

52. **HPS #5.**

*

What's the STATE of AFFAIRS of

CLINICAL ASSESSMENTS Leading to Care and/or Referral and Support as Appropriate
prevalent at your Health **Promoting School...**

Take cue from the aforesaid suggested interventions by WHO SHS Guidelines...as much as
possible

Following are the **OPTIONAL Fields** for **Higher Level of Submission** which shall entitle the
submitting School for Aarogya Ratna, Vibhushan, Bhushan and Shri titles.

Many of these Interventions (set out in an International Globalised Context) might not be
applicable at all in the Cultural Context of your Health Promoting School. Just SKIP them and
don't get alarmed or scandalised on their count.

Provide WebLinks of PhotoGraphs, Videos and NewsPaper Clippings, where ever possible to
substantiate the claims made

53. **HPS #5 I-29**

Conduct HEADSSS or equivalent Assessments, i.e. Assessments of Adolescent Risk Behaviors related to

Home, Education/Employment, Eating, Activity, Drugs, Sexuality, Safety and Suicidal Thinking/Depression

(to detect adolescent Health & Development Problems; if their behavior puts them at risk of negative health outcomes; and important factors in their environment that increase the likelihood of these behaviors)

54. **HPS #5 I-30**

Identification of

Development Difficulties & Disabilities

55. **HPS #5 I-43**

PsychoSocial Intervention

to promote well-being and functioning

(e.g.

- encouraging and/or assisting a child to: eat regularly;
- be physically active;
- participate in social activities;
- spend time with trusted friends and family;
- avoid the use of alcohol, drugs and nicotine; and
- develop interpersonal skills, emotional regulation and problem solving and stress management skills)

56. **HPS #5 I-44**

Counselling and Care related to a

Child's Physical & Psychological Development

(e.g.

- Puberty,
- Skin Changes,
- Body Image,
- Hygiene,
- Child Marriage)

57. **HPS #5 I-45**

Counselling and Support for a **Child's Caregiver** related to the **Child's Physical and PsychoSocial Development**

(e.g.

- Nutrition,
- Physical Activity,
- Puberty,
- Positive Development in Adolescence, Sexual and Reproductive Health)

58. **HPS #6 I-46**

Counselling on **Nutrition, Physical Activity and a Management Plan**, if Needed.

59. **HPS #5 I-47**

Counselling of
Tobacco, Alcohol and Other Substance Use

60. **HPS #5 I-50**

Counselling to Prevent Violence,

including

- Intimate-Partner Violence,
- Sexual Violence,
- Gender-Based Violence,
- Bullying and Gang Violence (e.g. Selected Therapeutic Approaches for High-Risk Youth)

61. **HPS #5 I-51**

Contraceptive Counselling

(e.g.

- Brief Sexuality-Related Communication;
- Counselling on Contraception to enable a voluntary informed choice;
- referral or provision of Contraception if requested post-counselling and legal)

62. **HPS #5 I-52**

Counselling on

HIV/Sexually Transmitted Infection Prevention Methods

(e.g.

- Brief Sexuality related Communication;
- Counselling on correct condom use to enable a voluntary informed choice;
- referral or provision of condoms if requested post-counselling and legal)

63. **HPS #5 I-53**

Referral and Support for

Voluntary Medical Male Circumcision

64. **HPS #5 I-54**

Referral and Support for

HIV pre-exposure and/or Post-Exposure Prophylaxis

65. **HPS #5 I-55**

Referral and Support for
HIV Testing Services

66. **HPS #5 I-56**

Provision of First Aid,

i.e.

- Identification and Prioritization of Problems,
- Provision of Immediate Care and Referral for Full Medical Treatment, if required
(e.g. Acute Conditions such as
 - Asthama,
 - Diabetes,
 - Seizures;
 - Bleeding or Injury;
 - Mental Health Concerns, including Self-Harm;
 - Life-Threatening Allergy;
 - Poisoning and Envenoming;
 - Substance Abuse)

67. **HPS #5 I-57**

Administration of

Over-the-Counter and Prescribed Medications

by a School-Health-Care Provider

68. **HPS #5 I-58**

Referral and Support for

Pain Control and Management

e.g. Headache

69. **HPS #5 I-59**

Referral and Support for

Management of Non-Specific Symptoms

(e.g. Diarrhea, Fever)

70. **HPS #5 I-61**

Referral and Support for

Management of Common Infections

(e.g.

- Ear,
- Eye,
- Oral/Dental,
- Skin,
- Throat,
- Urinary Tract)

71. **HPS #5 I-62**

Referral and Support for Management of

Less Common Infectious Diseases

(e.g.

- Bone Infections,
- Cholera,
- Dengue,
- Dysentery,
- Helminths,
- Joint Infections,
- Malaria,
- Meningitis,
- Other Neglected Tropical Diseases,
- Pertussis,
- Pneumonia,
- Rheumatic Fever,
- Septicaemia,
- Typhoid Fever,
- Tuberculosis,
- Viral Encephalitis)

72. **HPS #5 I-64**

Referral and Support for Chronic Care of

HIV-Infected Children

73. **HPS #5 I-65**
Referral and Support for Management of
Anaemia
(e.g Iron Supplementation)

74. **HPS #5 I-66**
Referral and Support for
Overweight & Obesity

75. **HPS #5 I-67**
Referral and Support for
Management of Asthama

76. **HPS #5 I-68**

Referral and Support for

Chronic Conditions

(e.g.

- Developmental Disabilities/Delay,
- Diabetes,
- Heart Disease,
- Seizures,
- Sickel Cell Disease)

77. **HPS #5 I-69**

Referral and Support for

**Rehabilitation, Habilitation, Assistive Technology,
Assistance & Support and Support Services for Injured or Disabled Individuals**

(e.g.

- those who are visually or hearing impaired or have eye/ear problems,
- who have physical disabilities or motor disorders,
- who have experienced female genital mutilation (FGM) or who have sports injuries)

78. **HPS #5 I-70**

Referral and Support for Management of

Common Childhood Injuries

(e.g. Head, Chest and Abdominal Injuries; Fractures; Wounds)

79. **HPS #5 I-71**

Referral and Support for Management of

Burns

80. **HPS #5 I-72**

Referral and Support for Management of

Non-Fatal Drowning and Related Complications

(e.g.

- Respiratory Impairment;
- long-term Disability)

81. **HPS #5 I-73**

Referral and Support for

Victims of Violence

(e.g.

- Child Abuse and Neglect by Parents or Other Care-Givers;
- Collective Violence;
- Gender-Based or Sexual Violence;
- Harmful Cultural Practices, such as FGM, Child Marriage and Forced Marriage;
- Violence among Adolescents; and
- Violence by intimate partners)

82. **HPS #5 I-74**

Referral and Support for Management of

Pregnancy,

including the Option for Pregnant or

Parenting Adolescents to continue or return to School

83. **HPS #5 I-75**

Referral and Support for Management of

Sexually Transmitted Infection

84. **HPS #5 I-76**

Provide short-term counselling or crisis intervention
focussed on
Mental Health or Situational Concerns
(e.g. grief, difficult transitions)

85. **HPS #5 I-78**

Referral and Support for Management of
Common Behavioural Disorders in Children
(e.g. Attention-Deficit Hyperactivity Disorder)

86. **HPS #5 I-79**

Referral and Support for Management of
Emotional, Anxiety and Depressive Disorders

87. **HPS #5 I-80**
Referral and Support for Management of
Eating Disorders
(e.g. Anorexia, Bulimia)

88. **HPS #5 I-81**
Referral and Support for Management of
Stress

89. **HPS #5 I-82**
Referral and Support for Management of
Self-Harm and/or Suicide Risk

90. **HPS #5 I-83**

Referral and Support for Management of

Somataoform Disorders

(e.g. physical symptoms that suggest illness or injury, but which cannot be explained fully by a general medical condition or by the direct effect of a substance) and other psychosomatic conditions)

91. **HPS #5 I-84**

Referral and Support for Management of

Psychotic Disorders

92. **HPS #5 I-85**

Referral and Support for Management of

Harmful Use of a Substance

(e.g. Alcohol, Illicit Drugs)

93. **HPS #5 I-86**

Referral and Support for Management of
Dependence on a Substance
(e.g. Alcohol, Illicit Drugs)

94. **HPS #5 I-87**

Referral and Support for Management of
Substance Withdrawal

6. HEALTH SERVICES MANAGEMENT

WHO Guidelines on School Health Services envisage for the following set of 4 Interventions under the Health Area of HEALTH SERVICES MANAGEMENT

Nominating Schools can refer to this long list and respond to the ASKs below accordingly...

1. **I-25** Appropriate USE of DATA at Population Level Planning School Health
2. **I-26** Collection, Analysis and USE of DATA on SCHOOL HEALTH SERVICE Utilization and Quality of Care, to monitor performance and support quality improvement and for evaluation and planning
3. **I-60** Implementation of and support for a Health-Facility Risk Management Plan linked with Primary, Secondary and Tertiary Care Systems (e.g. Protocol if School Health Services should provide essential services during Complex Emergencies)
4. **I-63** Management of Infectious Disease Outbreaks in School, including Surveillance, Reporting Suspected Outbreaks to Health Authorities and following isolation or quarantine protocols (e.g. Cholera, Conjunctivitis, Coronaviruses; Dysentery; Hand, Foot and Mouth Disease; Influenza; Meningococcal Disease; Rubella; Scabies; Scarlet Fever; Tuberculosis, Typhoid, Varicella)

Do Try to cover your Institutional Intervention under each of the following School Health Areas recognized by WHO as much as possible...

1. Positive Health & Development
2. Unintentional Injury
3. Violence
4. Sexual and Reproductive Health, including HIV
5. Communicable Disease
6. Non-Communicable Disease, Sensory Functions, Physical Disability, Oral Health, Nutrition and Physical Activity
7. Mental Health, Substance Use and Self-Harm

A health promoting school is one that constantly strengthens its capacity as a healthy setting for living, learning and working.

FUTURE HEALTHCARE AWARDS 2025

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DR. KESHAV BALLIRAM WEDGEWAR

HEALTH PROMOTING SCHOOLS

IMPREGNATING THE LIFESKILL OF HEALTHCARE IN EDUCATIONAL ECOSYSTEMS

A medical doctor from the Calcutta Medical College was back in 1916. Dr. Hedgewar's philosophy had always been for a rational, reasoned and scientific discourse.

'Accept only that which stands to your reason. Never accept anything merely because it is preached by some great leader. Test its truth on the touchstone of your intellectual discrimination.'

rethink india **International Yoga Day** **SATURDAY, 21ST JUNE 2025** **Aarogyaam**

HEALTH PROMOTING SCHOOLS

Schools are essential for young people to acquire knowledge, socio-emotional skills including self-regulation and resilience, and critical thinking skills that provide the foundation for a healthy future.

Access to Education + Safe and Supportive School Environments have been linked to Better Health Outcomes.

In turn, good health is linked to reduced drop-out rates and greater educational attainment, educational performance, employment and productivity. Schools have thereby a central role to play in safeguarding student health and well-being.

Many Health Conditions can be better managed or prevented if detected early.

4 INTERVENTIONS UNDER HEALTH SERVICES MANAGEMENT

1. I-25 Appropriate USE of DATA at Population Level Planning School Health
2. I-26 Collection, Analysis and USE of DATA on SCHOOL HEALTH SERVICE Utilization and Quality of Care, to monitor performance and support quality improvement and for evaluation and planning
3. I-60 Implementation of and support for a Health-Facility Risk Management Plan linked with Primary, Secondary and Tertiary Care Systems (e.g. Protocol if School Health Services should provide essential services during Complex Emergencies)
4. I-63 Management of Infectious Disease Outbreaks in School, including Surveillance, Reporting Suspected Outbreaks to Health Authorities and following isolation or quarantine protocols (e.g. Cholera, Conjunctivitis, Coronaviruses, Dysentery, Hand, Foot and Mouth Disease, Influenza, Meningococcal Disease, Rubella, Scabies, Scarlet Fever, Tuberculosis, Typhoid, Varicella)

95. Rate the Prevalence *
of Each of the 4 Interventions on Count of
Health Services Management
at your **Health Promoting School**

Mark only one oval per row.

	High	Medium	Low	Not Applicable
I-25 Appropriate USE of DATA at Population Level Planning School Health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-26 Collection, Analysis and USE of DATA on SCHOOL HEALTH SERVICE Utilization and Quality of Care, to monitor performance and support quality improvement and for evaluation and planning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-60 Implementation of and support for a Health- Facility Risk Management Plan linked with Primary, Secondary and Tertiary Care Systems (e.g. Protocol if School Health Services should	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

provide
essential
services during
Complex
Emergencies)

I-63

Management of
Infectious
Disease
Outbreaks in
School,
including
Surveillance,
Reporting
Suspected
Outbreaks to
Health
Authorities and
following
isolation or
quarantine
protocols (e.g.
Cholera,
Conjunctivitis,
Coronaviruses;
Dysentery;
Hand, Foot and
Mouth Disease;
Influenza;
Meningococcal
Disease;
Rubella;
Scabies; Scarlet
Fever;
Tuberculosis,
Typhoid,
Varicella)



96. **HPS #6.** *

Please provide an OVERVIEW of the entire scope of
Health Services Management at your
Health Promoting School

Take cue from the aforesaid suggested interventions by WHO SHS Guidelines...as much as possible

Following are the **OPTIONAL Fields** for **Higher Level of Submission** which shall entitle the submitting School for Aarogya Ratna, Vibhushan, Bhushan and Shri titles.

Many of these Interventions (set out in an International Globalised Context) might not be applicable at all in the Cultural Context of your Health Promoting School. Just SKIP them and don't get alarmed or scandalised on their count.

Provide WebLinks of PhotoGraphs, Videos and NewsPaper Clippings, where ever possible to substantiate the claims made

97. **HPS #6 I-25**

Appropriate USE of DATA

at Population Level Planning School Health

98. **HPS #6 I-26**

Collection, Analysis and USE of DATA

on SCHOOL HEALTH SERVICE

Utilization and Quality of Care, to monitor performance and support quality improvement and for evaluation and planning

99. **HPS #6 I-60**

Implementation of and support for a

Health-Facility Risk Management Plan

linked with Primary, Secondary and Tertiary Care Systems (e.g. Protocol if School Health Services should provide essential services during Complex Emergencies)

100. **HPS #6 I-63**

Management of Infectious Disease Outbreaks in School, including Surveillance, Reporting Suspected Outbreaks to Health Authorities and following isolation or quarantine protocols (e.g. Cholera, Conjunctivitis, Coronaviruses; Dysentery; Hand, Foot and Mouth Disease; Influenza; Meningococcal Disease; Rubella; Scabies; Scarlet Fever; Tuberculosis, Typhoid, Varicella)

7. Support for Other Pillars of HEALTH PROMOTING SCHOOL

WHO Guidelines on School Health Services envisage for the following set of 9 Interventions under Support for Other Pillars of a Health Promoting School...

Nominating Schools can refer to this long list and respond to the ASKs below accordingly...

1. **I-17** Support for School Policies on General Health Promotion (e.g. related to Chronic Conditions, Hygiene and Nutrition)
2. **I-18** Support for School Policies on Mental Health Promotion, including Listening Services (Pre-Counselling)
3. **I-19** Support for School Policies on Risk Reduction and Disease/Injury Prevention (e.g. Prevention of Adolescent Pregnancy, School Violence and Substance Use)
4. **I-20** Support for School Policies that Address Bullying & Harassment
5. **I-21** Support for School Policies on Prevention and Response to Anaphylaxis
6. **I-22** Support for other aspects of a Health-Promoting School (e.g. nutritional content of school feeding programmes; inspection of food safety; engagement with the community to make the school a healthy place)
7. **I-23** Training School Staff on First Aid, Hygiene Promotion, etc.
8. **I-24** Inspection of the Physical Environment of the School (e.g. Prevention of Injuries; Water, Sanitation and Hygiene Facilities)
9. **I-77** Referral and Support for Child Carers (e.g. Students who provide unpaid support to a parent who could not manage without this help)

Do Try to cover your Institutional Intervention under each of the following School Health Areas recognized by WHO as much as possible...

1. Positive Health & Development
2. Unintentional Injury
3. Violence
4. Sexual and Reproductive Health, including HIV
5. Communicable Disease
6. Non-Communicable Disease, Sensory Functions, Physical Disability, Oral Health, Nutrition and Physical Activity
7. Mental Health, Substance Use and Self-Harm

Support for Other Pillar

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Aarogyaam
NATIONAL INSTITUTE OF YOGA AND MEDICAL SCIENCES

सोरोध शरदः वरुण । चरुधेय शरदः वरुण
कुलधेय शरदः वरुण । रूधेय शरदः वरुण
पुनधेय शरदः वरुण । धेय शरदः वरुण
भुधेय शरदः वरुण । भुधेय शरदः वरुण

HEALTH PROMOTING SCHOOLS

Schools are essential for young people to acquire knowledge, socio-emotional skills including self-regulation and resilience, and critical thinking skills that provide the foundation for a healthy future.

Access to Education + Safe and Supportive School Environments have been linked to Better Health Outcomes.

In turn, good health is linked to reduced drop-out rates and greater educational attainment, educational performance, employment and productivity. Schools have thereby a central role to play in safeguarding student health and well-being.

Many Health Conditions can be better managed or prevented if detected early.

9 INTERVENTIONS UNDER SUPPORT FOR OTHER PILLARS

1. I-17 Support for School Policies on General Health Promotion (e.g. related to Chronic Conditions, Hygiene and Nutrition)
2. I-18 Support for School Policies on Mental Health Promotion, including Listening Services (Pre-Counselling)
3. I-19 Support for School Policies on Risk Reduction and Disease/Injury Prevention (e.g. Prevention of Adolescent Pregnancy, School Violence and Substance Use)
4. I-20 Support for School Policies that Address Bullying + Harassment
5. I-21 Support for School Policies on Prevention and Response to Anaphylaxis
6. I-22 Support for other aspects of a Health-Promoting School (e.g. nutritional content of school feeding programmes, inspection of food safety, engagement with the community to make the school a healthy place)
7. I-23 Training School Staff on First Aid, Hygiene Promotion, etc.
8. I-24 Inspection of the Physical Environment of the School (e.g. Prevention of Injuries; Water, Sanitation and Hygiene Facilities)
9. I-77 Referral and Support for Child Carers (e.g. Students who provide unpaid support to a parent who could not manage without this help)

101. Rate the Prevalence of Each of the 9 Interventions on Count of Support for Other Pillars at your Health Promoting School

Mark only one oval per row.

	High	Medium	Low	Not Applicable
I-17 Support for School Policies on General Health Promotion (e.g. related to Chronic Conditions, Hygiene and Nutrition)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-18 Support for School Policies on Mental Health Promotion, including Listening Services (Pre-Counselling)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I-19 Support for School Policies on Risk Reduction and Disease/Injury Prevention (e.g. Prevention of Adolescent Pregnancy, School Violence and Substance Use)				

I-19 Support I-20 Support for School for School Policies on Policies that Risk Address Reduction Bullying & and Harassment Disease/Injury				
Prevention I-21 Support (e.g. for School Prevention of Policies on Adolescent Prevention Pregnancy, and Response School to Violence and Anaphylaxis Substance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(Use) I-22 Support				
for other I-20 Support aspects of a for School Health- Policies that Promoting Address School (e.g. Bullying & nutritional Harassment content of	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
school I-21 Support feeding for School programmes; Policies on inspection of Prevention food safety; and Response engagement to with the Anaphylaxis community to	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
make the I-22 Support school a for other healthy place) aspects of a	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Health- I-23 Training Promoting School Staff School (e.g. on First Aid, nutritional Hygiene content of Promotion, school etc. feeding				
programmes; I-24 inspection of inspection of food safety; the Physical engagement Environment with the of the School				

(e.g. community to
prevention of
injuries
Wash place)

Sanitation

I-23 Hygiene

Sanitation

I-77 Referral

and Support

for Child

Carers (e.g.

Students who

provide

physical

support

at school

(could not

provide

without this

help)

Sanitation

and Hygiene

Facilities)

I-77 Referral

and Support

for Child

Carers (e.g.

Students who

provide

unpaid

support to a

parent who

could not

manage

without this

help)

☐☐☐☐☐☐☐☐☐☐☐☐

102. **HPS #7.**

*

Explain the **Support Extended** to the various other **Pillars** for creating a comprehensive **Health Promoting School...**

Take cue from the aforesaid suggested interventions by WHO SHS Guidelines...as much as possible

Following are the **OPTIONAL Fields** for **Higher Level of Submission** which shall entitle the submitting School for Aarogya Ratna, Vibhushan, Bhushan and Shri titles.

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103. **HPS #7 I-17** Support for School Policies on **General Health Promotion** (e.g. related to Chronic Conditions, Hygiene and Nutrition)

104. **HPS #7 I-18** Support for School Policies on **Mental Health Promotion,** including Listening Services (Pre-Counselling)

105. **HPS #7 I-19**

Support for School Policies on

Risk Reduction and Disease/Injury Prevention

(e.g. Prevention of Adolescent Pregnancy, School Violence and Substance Use)

106. **HPS #7 I-20**

Support for School Policies that

Address Bullying & Harassment

107. **HPS #7 I-21**

Support for School Policies on

Prevention and Response to Anaphylaxis

108. **HPS #7 I-22**

Support for

Other aspects of a Health-Promoting School

(e.g. nutritional content of school feeding programmes; inspection of food safety; engagement with the community to make the school a healthy place)

109. **HSP #7 I-23**

Training School Staff

on First Aid, Hygiene Promotion, etc.

110. **HPS #7 I-24**

Inspection of the Physical Environment of the School

(e.g. Prevention of Injuries; Water, Sanitation and Hygiene Facilities)

111. **HPS #7 I-77**

Referral and Support for **Child Carers**

(e.g. Students who provide unpaid support to a parent who could not manage without this help)

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