"Nutrition is the biochemical and physiological process by which an organism uses food to support its life. It provides organisms with nutrients, which can be metabolized to create energy and chemical structures. Failure to obtain sufficient nutrients causes mainutrition. Nutritional science is the study of nutrition, though it typically emphasizes human nutrition."



www.rethinkindia.org/nutrition

Dive Deep into the

NUTRITIONAL FACTS of
upto 10 FOOD Items
sourced in your Home
from their Packagings &
Report them out here

Participant Details

What does Nutrition mean in your Family? *	
Give all variants ranging from your Grandparents to Parents to Siblings etc. Contrast this with your own personal thought a	nd understanding
Gender *	
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Date of Birth *	
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Nutrition Challenge 2022 Upload a high resolution photograph of yours sample.png Upload the image of an Official Identity Card sample.png Mobile Phone * Email * Twitter Handle (If Any) LinkedIN Profile (If Any) Facebook Profile (If Any) Institution of Study * Website of Institution of Study *

Faculty Coordinator Details

Nutrition Challenge 2022 Faculty Coordinator's Name * Faculty Coordinator's Email ID * Faculty Coordinator's Phone * Mother's Details Mother's Name * Mother's Email ID * Mother's Phone * Organization Designation Father's Details Father's Name * First Last Father's Email ID * Father's Phone *

Nutrition Challenge 2022 Organization Designation Guardian's Details In case the Guardian is other than Mother/Father Guardian's Name (If someone other than Mother/Father is the Guardian) Relationship with the Guardian Guardian's Email ID Guardian's Phone Participation Fee A nominal participation fee of Rs 1008 has been kept to ensure that only serious and sincere students participate in this contest. The same has to be paid through any of the online payment options. #nutritionchallenge2022 * ₹ 1008.00 Upload the Front Side Photo of the Packaging sample.png

Nutrition Challenge 2022 Upload the Back Side Photo of the Packaging sample.png **Product Name** Manufactured By Manufacturer's FSSAI License Number Manufacturer's Address Street Address Address Line 2 City State/Region/Province Postal / Zip Code Country Repackaged By (If Applicable) Repackager's FSSAI License Number

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Customer Care's Email ID

Nutrition Challenge 2022 Customer Care's Phone Number (Executive) Customer Care's Phone Number (Toll Free) Email-ID for Feedback/Suggestions Other Guidelines on the Packaging Batch Number of the Product Manufacturing Date Repackaging Date (If Applicable) Best Before Net Weight of the Packaging (in grams) MRP of the Package Nutritional Information as contained on the food packaging....

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